

Life Is Good

Nicole

I have accomplished a lot but succeeding at this has **not** been easy.

I have had to work twice as hard as someone without a disability. My take home message to “youth entering the real world” is to be persistent and believe in yourself. Surround yourself with good people no matter where you go and develop a strong work ethic. DREAM BIG! SET HIGH EXPECTATIONS! REACH FOR THE STARS!



Max

Today I live in two worlds at once.

In the non-disability world, I can pass through security without setting off any alarms! But when I am with peers with disabilities, I feel I am with family. Since I've been involved with Green Mountain Self-Advocates, my disability pride continues to expand. Now, I am not afraid to express who I am and how I learn. I know who I am! I connect with people from both worlds who understand me. I can see what we have to do to get the two sides to move forward. The two halves can come together and become whole!

Kyle

Life is good and getting better all the time.

The best thing that ever happened to me was having an internship that taught me to believe in my ability instead of my disability. They showed me that there are many opportunities in the world for all different people with different ability and need levels. I have been working for Green Mountain Self-Advocates since I graduated high school and things just keep getting better each year. Believe in yourselves, you have a lot to offer.



Kris

I am Kris Medina and I want to say that my life is good and getting better.

People that live placing these positive words thoughtfully in their life, live successfully. Success looks different to each person, but the positive mind-set is always key. Anything that you want to achieve in your life you can. Walk this awesome earth with your head held high and pride close by.

...and Getting Better!