In order to write a great blog you need to make it personal and talk about your life. For example discuss experiences that you had growing up as a child and transitioning into the adult world.

Things I have blogged about are:

- My high school experiences as a student with a disability
- The 20th anniversary of the closing of an institution

Every time you write a story like this you want to say it from the heart. Writing blogs is fun because it is a good way to rant about the experiences you have had. It can be good or bad. There is great value in sharing your story with other people, especially peers who experience the same challenges that you do. Writing blogs is a great way to spread the positive messages about people with autism and other developmental disabilities. Everyone with a disability should write blogs so that people learn our life story.

(Blog written 2014)